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Genetic Sexual Attraction in Adoption Reunion Relationships

Books, Online Lectures, Podcasts, and Research

Current as of August 2021

1. Adoptees On podcast Episode 64 Jane Genetic Sexual Attraction
2. Adoptees On podcast Episode 94 Sophia
3. Adoptees On podcast Episode 128 Blake Gibbons
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Trauma Therapy Resources

1. Perry, B., Winfrey, O., (2021), *What Happened to You: Conversations on Trauma, Resilience, and Healing*, Flatiron Books
2. van der Kolk, B. (2014). *The Body Keeps the Score- Brain, Mind, and Body in the Healing of Trauma*. Viking
3. van der Kolk, B. A. (2005). Developmental Trauma Disorder Toward a rational diagnosis for children with complex histories, *Psychiatric Annals*, 35(5), 401-408.

Emotional Freedom Technique

- Association for Energy Psychology <https://www.energypsych.org/>
- Orter, Nick (2013) *The Tapping Solution: A Revolutionary System for Stress-Free Living*, Hay House
- YouTube has many EFT how to videos

EMDR

- EMDRIA EMDR International Association <https://www.emdria.org/>
- Parnell Institute, Attachment Focused EMDR <https://parnellemdr.com/>

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